



Elizabeth Gilbert

has successfully completed the

Schwinn® Indoor Cycling Training Course

held this 13th day of January, 2008

at Good Life Fitness

(facility name)

in

Ottawa, Ontario

(city/state)

Faculty: Jay Blahnik Nautilus Institute™ Master Instructor: Shannon Fable



SCHWINN FITNESS

ACE Course information:

CA181238

1.2 CECs

This training certification must be retained by ACE certified instructor for a period of four years.

AFAA Course Information

2008051 AA

11 CEUs

This course has been approved by AFAA for CEUs, but was not developed by AFAA. Therefore, it does not count as an AFAA course which is required for certification.

Start Smart.
Stay Smart.
Do It For Life.